STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: Nebraska

DEFINITION OF SPECIALIZED SERVICES

For the preadmission screening and annual resident review process (PASARR),
the Nebraska Medical Assistance Program defines Specialized Services as
follows:

Specialized Services for Individuals with Mental Illness: Services which
result in the continuous and aggressive implementation of an individualized
plan of care that -

1. Is developed and supervised by an interdisciplinary team, which includes
    a physician, qualified mental health professional, and as appropriate,
    other professionals;
2. Prescribed specific therapies and activities for the treatment of persons
    experiencing an acute episode of serious mental illness, which
    necessitates supervision by trained mental health personnel; and
3. Is directed toward diagnosing and reducing the resident's behavioral
    symptoms that necessitated institutionalization, improving his/her level
    of independent functioning, and achieving a functioning level that permits
    reduction in the intensity of mental health services to below the level
    of specialized services at the earliest possible time.

These services are commonly provided in an IMD facility, inpatient psychiatric
facility, or an equally intensive facility, e.g., crisis unit.

Specialized Services for Individuals with Mental Retardation or a Related
Condition: A continuous program for each individual, which includes
aggressive, consistent implementation of a program of specialized and generic
training, treatment, health services, and related services that is directed
towards -

1. The acquisition of the skills necessary for the individual to function with
    as much self-determination and independence as possible; and
2. The prevention or deceleration of regression or loss of current optimal
    functional status.

These services are commonly provided in an ICF/MR or a community-based
developmental disability services (CBDDS) program.

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